

HOME CARE INSTRUCTIONS FOLLOWING A TOOTH EXTRACTION

- Bite the gauze firmly over the extracted site for 45 minutes.
- Do not spit and suck through a straw for 24 hours.
- Avoid rubbing or touching the area with fingers or tongue.
- Do not smoke, consume alcohol, and use tobacco.
- After 24 hours, rinse with warm salt water after food intake.
- Swelling is normal for 2-3 days.
- Take Medications as prescribed by the doctor.
- If pain or bleeding persists or if you have any other questions call your dentist at 905-689-4445.